

# Secret to Holistic Treatment of Sinuses: Why Mold Abatement is Key to Curing Mold Allergies

By Dr. Donald Dennis, M.D.,F.A.C.S.- February 10, 2012

Chances are if you are reading this article you are unhappy with the treatment you have been receiving for your Chronic Sinusitis. It's likely you have suffered with sinus symptoms for years. You have used antibiotics, steroids, antihistamines, decongestants, allergy shots, as well as undergoing sinus surgeries and you're still not getting better!

A misdiagnosis of your sinus problem is probably the reason why you can't get relief. Here is why: most allergists test and treat only for **Immediate Reaction Mold Allergies** which are verified by testing for IgE antibodies. These antibodies are the easiest to detect in the physician's office. This mold reaction is easily controlled by antihistamines like Claritin or Zyrtec. Unfortunately, those showing an immediate reaction comprise only 30% of sufferers.

The fact is 70% of Chronic Sinusitis sufferers have **Delayed Reaction Mold Allergies**. These are discovered by testing for IgG (as opposed to IgE) antibodies. This type of trigger for Chronic Sinusitis requires a different approach as it cannot be handled with antibiotics, steroids, antihistamines, decongestants, allergy shots or antihistamines. You must take a holistic approach instead, and remove the antigen (what causes your reaction) from your indoor air and from your sinuses to gain control over the disease. In fact, this is the fastest, most effective way to control your Chronic Sinusitis and stop the immune reaction cycle.

We found that patients are willing to remove the mold from their sinuses, but unwilling or unable (due to cost reasons) to clean up their environmental air. The problem with removing mold from your sinuses only is that if the air is full of mold spores. You breathe spores in 24 hours a day, 7 days a week, while you only treat your sinuses for a few minutes a day. This will never get you ahead of the problem.

Here is the good news: there is now a low-cost solution for cleaning and maintaining your environmental air. Micro Balance Health Products created a line of products to be used with my patented protocols that have been proven effective against fungus. Their EC3 Mold Solution Concentrate used in conjunction with EC3 Air Purification Candles will quickly clean up your problem. EC3 Air Purification Wicks will maintain air quality.

There is one important caveat: when water combines with fuel, like paper, carpet, or sheetrock, and mold is present, it grows exponentially. So, if you have a water problem in your home it must be fixed, otherwise the mold problem will return quickly.

If you are someone who has not been able to get relief, shouldn't you consider trying a natural, **holistic treatment of sinuses** remedy that supports your immune system and treats the underlying cause of your problem?

For details concerning the body and environmental protocols visit **[www.sinusitiswellness.com](http://www.sinusitiswellness.com)**